

EPN Forum -- Family Planning Pre-Conference
Pre-and-Post Test Answers

1. **If the woman forgets to take the pill, she should:**
 - a. Take one pill as soon as she remembers
 - b. Wait until next day and take two pills
 - c. Use another form of contraception for the remainder of the month
 - d. A and B are correct
 - e. None of the above are correct

2. **Changes in monthly bleeding are common for women who use:**
 - a. IUD
 - b. Depo-Provera®
 - c. Pill
 - d. All the above
 - e. None of the above

3. **A woman who is breastfeeding can safely use progestin-only injection six weeks after childbirth.**
 - a. True
 - b. False

4. **Implants are safe for breastfeeding women because they do NOT contain**
 - a. Estrogen
 - b. Progestin
 - c. Both estrogen and progestin
 - d. None of the above

5. **To make family planning more acceptable and more accessible, programs should:**
 - a. Provide a mix of service delivery points
 - b. Offer selected services through community health workers
 - c. Offer certain hormonal contraceptives outside of the clinic
 - d. All of the above

6. **Infants conceived 8-15 months postpartum are more likely to have a low birth weight or preterm delivery than an infant conceived 24 months after delivery.**
 - a. True
 - b. False

7. **The Copper-T380A IUD can be used effectively for:**
 - a. 5
 - b. 12
 - c. 15
 - d. 20

8. **Contraceptive methods that can be used by the breastfeeding woman as early as six weeks postpartum include all of the following EXCEPT:**
 - a. Lactational amenorrhea method
 - b. Progestin-only pills

- c. **Combined oral contraceptives**
- d. Injectable and implant
- e. Condoms

9. Women who use the SDM must have cycles:

- a. Of any length. Cycle length is not related to the fertile days
- b. **Between 26 and 32 days long (regular monthly bleeding)**
- c. Lasting 28 days

10. If a woman starts her period before she moves the ring to the dark brown bead, it means that:

- a. **Her cycle is shorter than 26 days and she should see her provider**
- b. Her cycle is too long to use the SDM
- c. She needs to move the ring to the red bead

11. How many women worldwide have an unmet need for family planning?

- a. 10 million
- b. 25 million
- c. 160 million
- d. **225 million**

12. Which of the following best describes reproductive health commodity security?

- a. When products are safe from theft and pilferages
- b. When every person is able to afford contraceptives of their choice
- c. **When every person is able to choose, obtain, and use quality essential reproductive health products they need them**
- d. When women are given the freedom to choose contraceptives

13. To achieve contraceptive security, programs must be able to:

- a. Forecast
- b. Finance
- c. Procure:
- d. **All of the above**

14. The six rights of supply chain management include the following EXCEPT:

- a. Right quantities
- b. Right condition
- c. **Right customers**
- d. Right Place

15. In most African countries, most facility-level supply chain functions are performed by

- a. Pharmacists
- b. Pharmacy technicians or equivalent
- c. Nurses or midwives
- d. **Auxiliary staff**

16. The four components of the Access Framework include the following EXCEPT:

- a. Affordability
- b. **Quality Assurance**

- c. Acceptability
- d. Availability

17. You have to be born with advocacy skills?

- a. True
- b. False