



Kenyan Church Positions on Family Planning

1. **African Christian Church and School** defines family planning as methods to help the community economically and spiritually grow. The church approves of all methods, including natural methods, pills, condoms, and others. The church educates young mothers on family planning, and discusses it in women's groups.
2. **Anglican Church of Kenya (ACK) Meru Diocese** defines family planning as having the number of children that one is able to take care of in terms of clothing, food, shelter and other needs. The church gives its members freedom to choose a family planning method. The church uses materials on family planning produced by the Ministry of Health and the Anglican Development Services Department. The church discusses family planning during seminars at the church, pastoral fellowship and groups meetings such as Mothers Union, Kenya Anglican Men's Association, Youth Forums, and Conferences.
3. **Africa Inland Church (AIC)** defines family planning as enabling a person to have the number of children he/she can take care of comfortably and at the time he/she is ready. The AIC approves of injectables, pills, implants, IUCDs and condoms. AIC uses pamphlets, booklets, books, Christian Radio Stations and posters to inform members about family planning. The church discusses family planning at youth camps, camps for women, church-owned health centres and hospitals, conferences for men and AIC-owned schools.
4. **Gospel Outreach Church in Kenya (Meru County)** defines family planning as a method that brings order in child bearing for the sake of bringing up healthy children that you are able to provide for and still maintain good health for the mother. This is a method that will prevent unwanted pregnancy and bring up children at the right time. This in essence promotes good health both to the Mother and the child. The church supports the use of Contraceptive Pills, Condoms, Fertility Awareness Methods, Implants, Injectables. The church educates people on family planning through seminars for couples as well as groups for women and men.
5. **Methodist Church in Kenya (Maua in Meru County)** defines family planning as the practice of planning the number and spacing of children that the family will have. The church supports the use of implants, injectables, condoms, natural Family Planning, IUDs, and pills. The church uses materials from CCIH, the government, and materials from other research. The church uses services, church group meetings, chief's barazas, church health forums, and marital counseling as forums to discuss family planning.

6. **Orthodox Church** defines family planning as scientific and natural methods that are used to control the size of a family and spacing between the children. The church supports the use of pills, injectables, implants, IUCDs, condoms, CycleBeads, and Natural Family Planning. The church has used PowerPoint Presentations to educate members on family planning at workshops, seminars and symposiums.
7. **Presbyterian Church of East Africa - Eastern Region, Central Region, Nairobi Region** defines family planning as child spacing and prevention of unintended pregnancy. The church approves of both natural and artificial family planning methods for married couples and abstinence for the unmarried. The church uses church publications and materials obtained from church hospitals. The church discusses family planning at marriage counseling, group seminars, sermons, and health camps organized by church hospitals.
8. **Pentecostal and Evangelistic Fellowship of Africa (P.E.F.A.) Kiambu County** defines family planning as having the number of children that you will be able to manage and taking care of the mother's health by spacing births. The church approves of the use of implants, injectables, pills, condoms, and natural family planning. The church uses materials from CCIH, the government and other sources and discusses family planning at district conferences, premarital counselling, come togethers, and at medical centres.