

EPN Forum -- Family Planning Pre-Conference  
Pre-and-Post Test Answers

1. **If the woman forgets to take the pill, she should:**
  - a. Take one pill as soon as she remembers
  - b. Wait until next day and take two pills
  - c. Use another form of contraception for the remainder of the month
  - d. A and B are correct
  - e. None of the above are correct
  
2. **Changes in monthly bleeding are common for women who use:**
  - a. IUD
  - b. Depo-Provera®
  - c. Pill
  - d. All the above
  - e. None of the above
  
3. **A woman who is breastfeeding can safely use progestin-only injection six weeks after childbirth.**
  - a. True
  - b. False
  
4. **Implants are safe for breastfeeding women because they do NOT contain**
  - a. Estrogen
  - b. Progestin
  - c. Both estrogen and progestin
  - d. None of the above
  
5. **To make family planning more acceptable and more accessible, programs should:**
  - a. Provide a mix of service delivery points
  - b. Offer selected services through community health workers
  - c. Offer certain hormonal contraceptives outside of the clinic
  - d. All of the above
  
6. **Infants conceived 8-15 months postpartum are more likely to have a low birth weight or preterm delivery than an infant conceived 24 months after delivery.**
  - a. True
  - b. False
  
7. **The Copper-T380A IUD can be used effectively for:**
  - a. 5
  - b. 12
  - c. 15
  - d. 20
  
8. **Contraceptive methods that can be used by the breastfeeding woman as early as six weeks postpartum include all of the following EXCEPT:**
  - a. Lactational amenorrhea method
  - b. Progestin-only pills

- c. **Combined oral contraceptives**
- d. Injectable and implant
- e. Condoms

9. **Women who use the SDM must have cycles:**

- a. Of any length. Cycle length is not related to the fertile days
- b. **Between 26 and 32 days long (regular monthly bleeding)**
- c. Lasting 28 days

10. **If a woman starts her period before she moves the ring to the dark brown bead, it means that:**

- a. **Her cycle is shorter than 26 days and she should see her provider**
- b. Her cycle is too long to use the SDM
- c. She needs to move the ring to the red bead

11. **How many women worldwide have an unmet need for family planning?**

- a. 10 million
- b. 25 million
- c. 160 million
- d. **225 million**

12. **Which of the following best describes reproductive health commodity security?**

- a. When products are safe from theft and pilferages
- b. When every person is able to afford contraceptives of their choice
- c. **When every person is able to choose, obtain, and use quality essential reproductive health products they need them**
- d. When women are given the freedom to choose contraceptives

13. **To achieve contraceptive security, programs must be able to:**

- a. Forecast
- b. Finance
- c. Procure:
- d. **All of the above**

14. **The six rights of supply chain management include the following EXCEPT:**

- a. Right quantities
- b. Right condition
- c. **Right customers**
- d. Right Place

15. **In most African countries, most facility-level supply chain functions are performed by**

- a. Pharmacists
- b. Pharmacy technicians or equivalent
- c. Nurses or midwives
- d. **Auxiliary staff**

16. **The four components of the Access Framework include the following EXCEPT:**

- a. Affordability
- b. **Quality Assurance**

- c. Acceptability
- d. Availability

**17. You have to be born with advocacy skills?**

- a. True
- b. False