

# UNDERSTANDING DISABILITY: Disability Inclusion.

This presentation has been compiled through the use of various resources.

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HOPE IN HEALTH: OUR LABOR IS NOT IN VAIN

## By the end of this workshop we should be able to:



...define disability

...identify steps to look towards inclusion

...understand the basics of disability etiquette

...understand how disability impacts family strengthening programming



## WHO Definition...

According to the World Health Organization, disability has three dimensions: **1. Impairment in a person's body structure or function, or mental functioning;** examples of impairments include loss of a limb, loss of vision or memory loss. Activity limitation, such as difficulty seeing, hearing, walking, or problem solving.



## Food for thought...



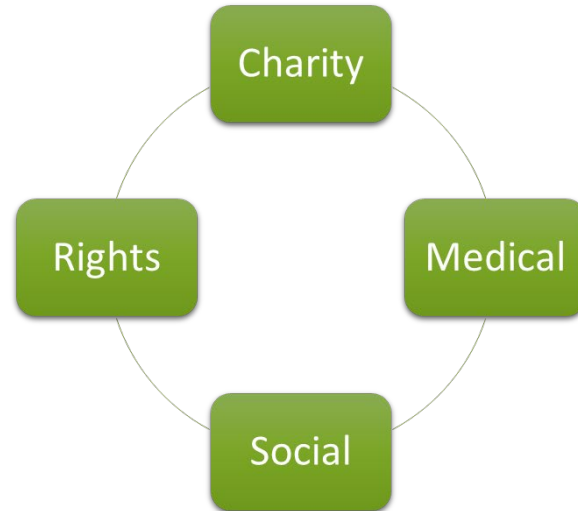
How would you define disability?

What is your first reaction when you see someone who lives with a disability?

Do you have any experiences with people living with disabilities?



# Disability Models...



Over  
**1 BILLION**  
people globally  
experience  
disability



**1** in **7** people

## Global disability statistics

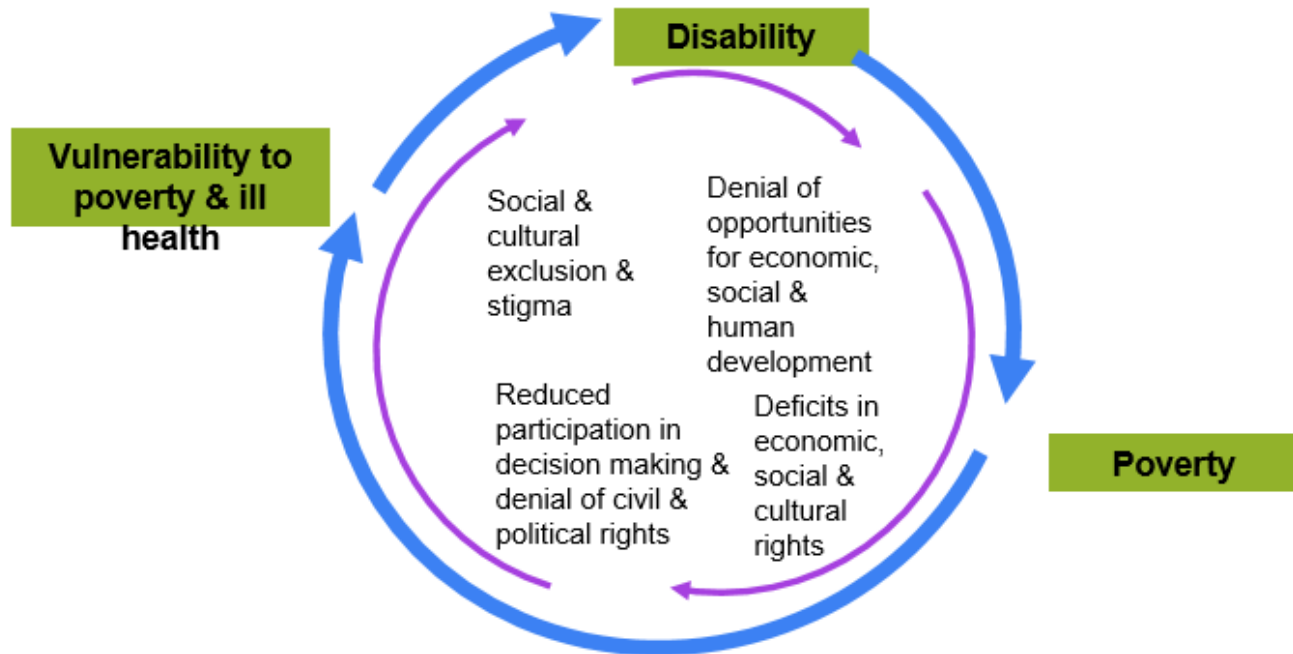


15% of global  
population

80% of people with  
disabilities live in  
developing nations

20% of people who live  
on < \$1.25 per day in  
the world have a  
disability

# Cycles of Poverty & Disability



## Why should we care?

“This is not just the right thing to do for common humanity – but it is the smart thing to do in ending extreme poverty. If we get things right for people with disabilities, we get things right for all people.”

*Penny Mourdant, Secretary of State for International Development, UK. Global Disability Summit, July 2018*





# Inclusion involves...

Getting	Fair treatment – what is your church context?
Making	Services within the community they live, accessible to all : eg. schooling, health services, transport and recreational facilities etc.
Modifying	Providing the necessary assistive devices and resources
Eliminating	The stigma and myths attached to disability – define the necessary support needed

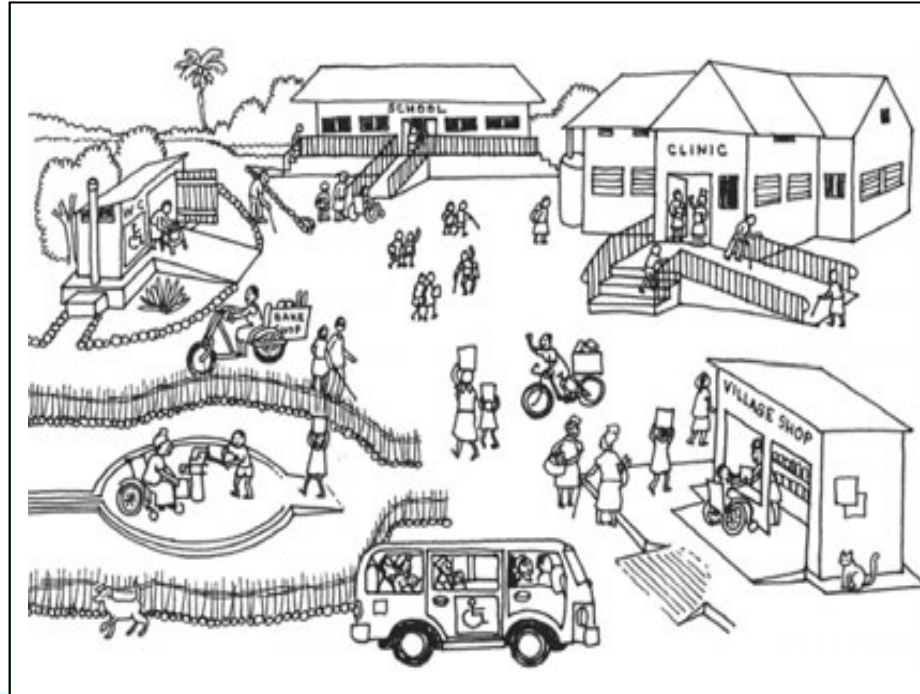


# Inclusion in Action...

- Invite people living with disabilities to be part of the solutions
- Include the voices and interests of people living with disabilities in project design, implementation, and evaluation
- Identify and address barriers to enable participation daily.
- Use accessible information and communication
- Set aside a disability inclusion budget of 3-5%



# Inclusive Communities – What about our churches??



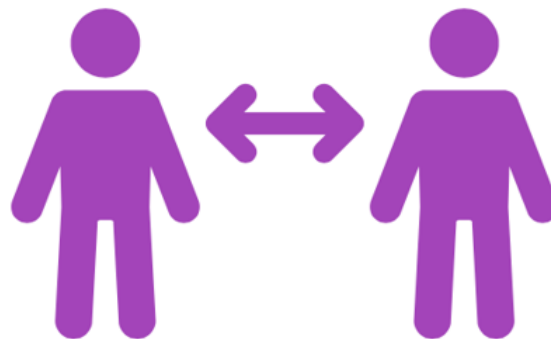
# Disability Terminology

DO	DON'T
Person with a disability; persons with disabilities, children with disabilities	Disabled Person
	Outdated terms: Handicapped, crippled, etc.
	Jargon: Physically challenged; differently abled
	Negative, disempowering words: victim, sufferer
Uses a wheelchair	Confined to a wheelchair; wheelchair bound
Deaf, hard of hearing	
Person with a physical disability	Lame, crippled
Nonverbal, nonspeaking	Mute, dumb
Person with an intellectual, developmental, or cognitive disability	Mentally defective, mentally challenged, retarded



# Etiquette

- Don't touch personal equipment
- Don't victimize
- Don't assume
- Adjust posture to eye-level
- Make eye contact
- Ask before providing assistance
- Don't underestimate abilities
- Speak to the person before speak



# Reflection

What questions do you have?



## Let's talk children...



What are the challenges to children living with disabilities (and their caregivers) claiming those rights?

How would a Sunday school teacher be capacitated to assist?



## Disability in Children: visible & invisible

- Does not use words to communicate on time
- Does not understand simple directions or instructions
- Speech is difficult to understand
- Not sitting, crawling or walking on time
- Cannot hold or manipulate toys
- Difficulty in preparation for school
- Cannot hold pen correctly or has poor handwriting
- Cannot use toilet, dress or feed self appropriately
- Hypersensitive or hyposensitive to the environment
- Shows unusual or uncontrollable behavior
- At birth or acquired
- Impacts function
- Impacts internal and external senses





# Reflection



Not all disabilities are visible. What does this mean for our work?

How does institutionalization or family separation further impact a child with disability?

What are parents told by the community or doctors about their child with disability? How does that impact separation?

What community services could help parents keep their children with disabilities with them?

What's your role in addressing those service gaps?



# Impact of Disability

The child, in the present and future

Siblings

Parents

Family

Services

Society



# Inclusion Strategies: Example of Kenya



# Reflection



Why is inclusion important in our context?

How can we respond to the impact of disability through our programming?

What's holding us back right now?



# Overcoming Stigma & Discrimination

## Stigma

Attitudes, beliefs, and terminology that causes people to reject, avoid or fear those they perceive as being different.

**Discrimination** happens when individuals or institutions unjustly deprive others of their rights and life opportunities due to stigma.



## Reflection



What resources, services, and capacities are available in your church context?

How can you engage the clergy to better support people living with disabilities?



