



sikunye

the church's role in
SUPPORTING
human development in the
FIRST THOUSAND DAYS
of life.

Richard Lundie



what are the first thousand days?



PREGNANCY
270 days

+



YEAR 1
365 days

+



YEAR 2
365 days

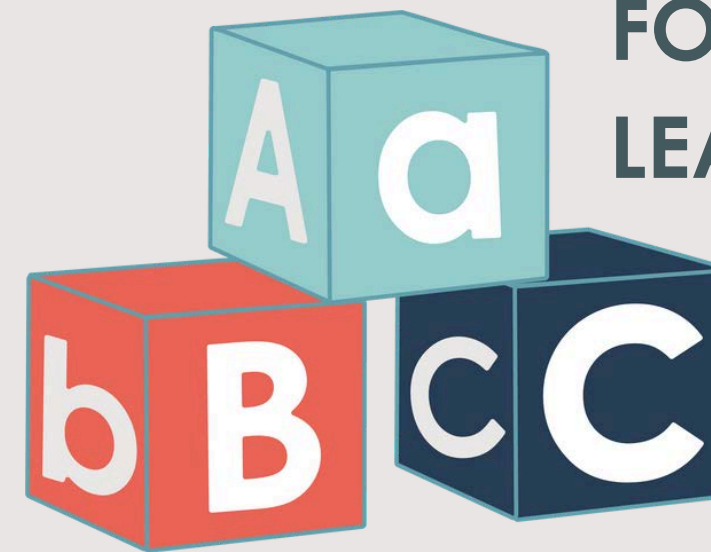
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1000
days

nurturing care



GOOD
HEALTH



OPPORTUNITIES
FOR EARLY
LEARNING



ADEQUATE
NUTRITION



SENSE OF
SECURITY



RESPONSIVE
CAREGIVING (LOVE)

building brains &
healthy children



parents want
the best for their
children

BUT
parenting is hard





What is the
specific contribution
a local church can
make in support of
the First Thousand
Days of a child's life
in Cape Town?

Download the full report at
www.sikunye.org.za/research/

we are deeply convinced
that the church is *uniquely*

positioned & equipped

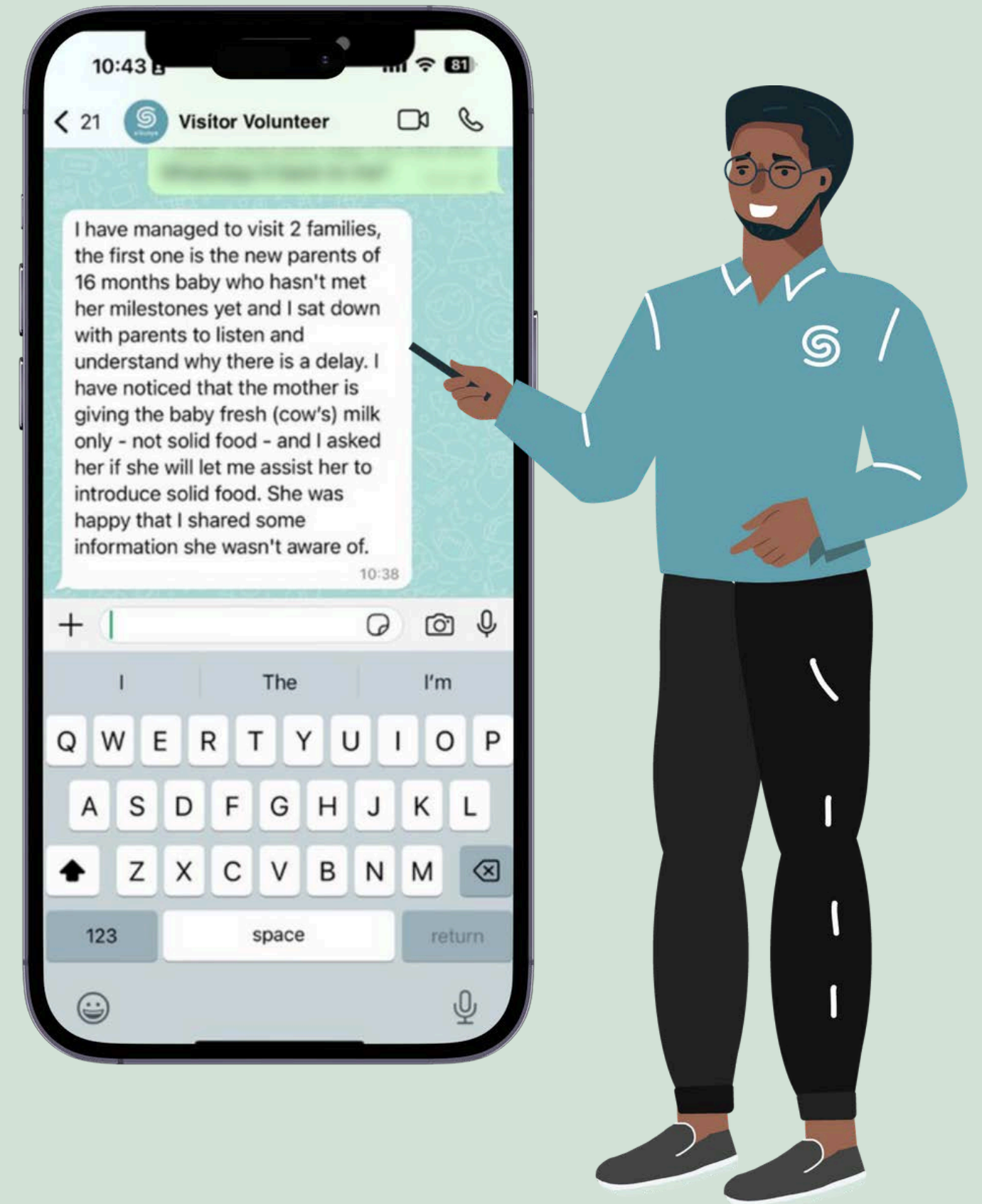
to make a significant
impact in nurturing our
children's full potential by
supporting their
development in the first
thousand days of life



leveraging the
strengths &
practices
of churches



example of a
volunteer
who was
trained as a
home visitor...



sikunye works to

- ✓ Support & connect churches
- ✓ Equip churches
- ✓ Raise awareness



A close-up photograph of a woman with dark hair, smiling warmly as she holds a baby. The baby is looking towards the camera with a happy expression. The background is softly blurred, showing what appears to be a window with light coming through.

““ When you
pay attention **to the**
beginning of the
story, you can
change the whole
story ””

Raffi Cavoukian



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