





# **Empowering Community Health Promoters as Change Agents**

Who Transform Harmful Beliefs and Practices About Disability into Those That Improve the

Lives of People with Disabilities



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## **KUPENDA FOR THE CHILDREN**

- Kupenda ("love" in Kiswahili) for the
  - Children transforms harmful beliefs
  - surrounding disability to those that
  - improve children's lives.
- Key program areas:
  - Education
  - Medical
  - Live lihood s
  - Advocacy











## THE PROBLEM

- In most countries, Community Health Promoters (CHPs) serve an average of 200 fam ilies per year
- 16% of their patients are people with disabilities
- Most CHPs lack skills to:
  - Provide informed care to people with d is a b ilitie s
  - Promote disability inclusion in healthcare and society
  - Address stigma and harm fultraditional 0 b e lie fs
- Can propagate negative beliefs about disability











### THE INTERVENTION

- Kupenda partnered with the MOH in Kilifi, Kenya, to develop and pilot a CHP disability training
- Curriculum included:
  - Roles and responsibilities of CHPs
  - Disability definitions
  - Symptoms, causes, interventions, and risk reductions for common disabilities
  - Testimonies
  - Action planning
  - Challenging harm ful beliefs











### THE IMPACT

- Collection of data through Weekly Reporting Forms
- 1 workshop of 25 CHPS
- 30,300 people sensitized on disability justice
- 1,100 people with disabilities experienced improved access to services and inclusion
- CHPs report feeling more equipped, empowered, and respected in their communities
- Contact: kupenda@kupenda.org
- View the facilitation manual:







### Training Manual for Community Health Promoters on Disability Outreach & Inclusion

A Guide for Equipping Community Health Promoters, Community Health Workers, and Community Health Volunteers to Include and Support Their Patients with Disabilities

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