

# Community Health Workers as Change Agents



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Access to Health Zambia, works in partnership with the Ministry of Health (MoH), Mwandu Mission Hospital, the District Health Office and other government ministries, and Community Health structures in supporting government in the provision of quality, comprehensive healthcare services at community and health facility (HF) levels using the Community Health Worker (CHW) strategy through CHAMPS program.

CHAMPS represents a broad, partnership-supported, long-term commitment to vulnerable communities around the world, with a clear focus on building local health systems' capacity for ending preventable maternal and child deaths.

These services are both preventive and curative, and include;

- behavior change communication for adoption of good health behaviors in sanitation and hygiene,
- early antenatal care (ANC) booking,
- institutional deliveries, and postnatal care (PNC),
- improved access to and utilization of child health services (screening and treatment for childhood illnesses such as malaria, pneumonia, diarrhea, and malnutrition).

# What is CHAMPS



- ❖ ICCM – integrated community case management
- ❖ C-GMP – community growth monitoring and promotion
- ❖ Malaria Agents – Step D
- ❖ CLTS – Community-Led Total Sanitation
- ❖ MAIYCN – Maternal, Adolescent, Infant and Young-child Nutrition
- ❖ Safe Motherhood



### Conduct door-to-door household visitations

- ❖ Assess children under five for illness – malaria, diarrhea, pneumonia. Test and treat uncomplicated cases e.g. malaria.
- ❖ Refer complicated illnesses to the HF
- ❖ Test for pregnancy – refer positive cases for early first ANC within the recommended before 14 weeks of gestation
- ❖ Assess children under 5 for malnutrition using MUAC tape
- ❖ Make sure pregnant women fulfill all ANC appointments.
- ❖ Refer women to maternal waiting homes at HFs for skilled delivery using ox/donkey-drawn carts
- ❖ Assess HHs for sanitation and hygiene and provide EIC
- ❖ Refer all children under five to PHCs for UCI.
- ❖ Mobilize the community for all health campaigns e.g. CHW, HPV, COVID vaccination, Polio, measles etc.
- ❖ Provide sensitization on communicable diseases, especially cervical cancer
- ❖ Provide general health IEC

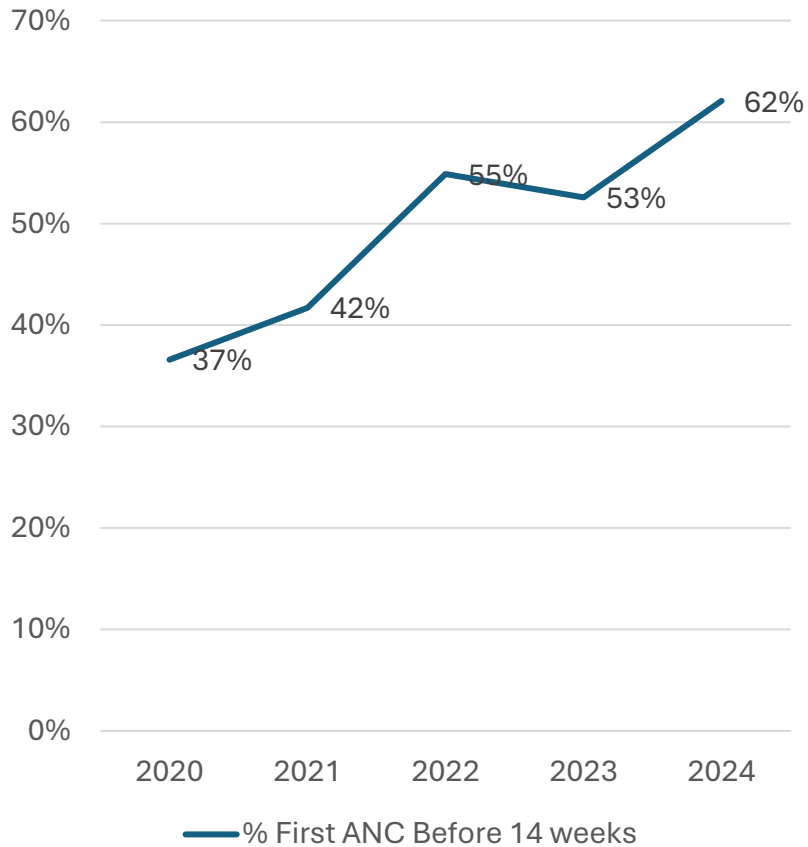
Increased first ANC early uptake from 37% in 2020 to 62% in 2024.

Improved facility-based deliveries from 96% in 2020 to 99% as at end of 2024

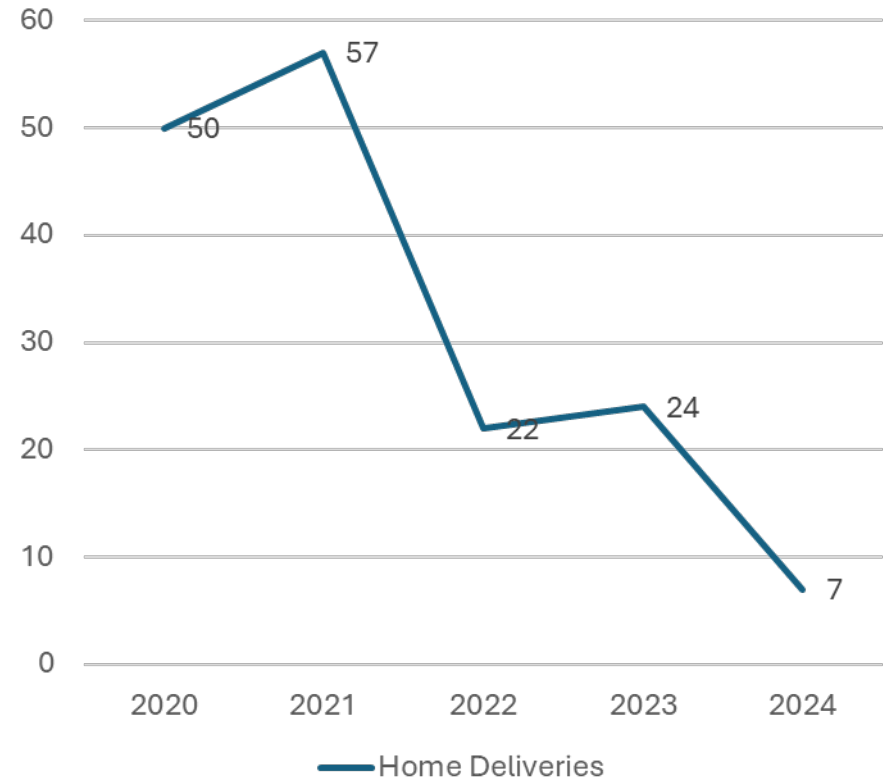
Improved coordination between the HFs and the community through the CHWs and NHCs.

Reduced home deliveries from a high of 57 per 1000 births in 2021 to just 7 per 1000 births in 2024

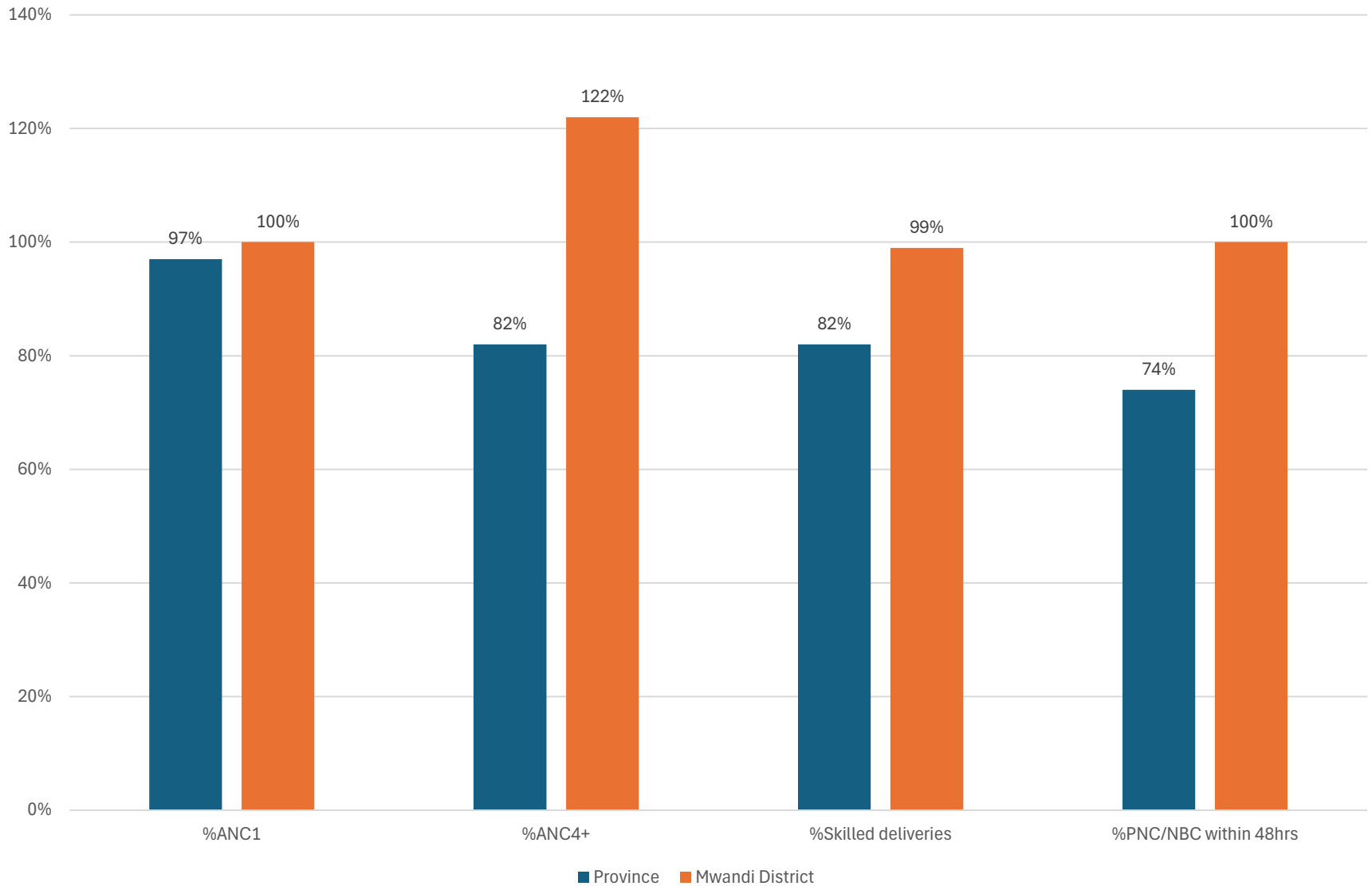
### % First ANC Before 14 weeks 2020 - 2024



### Home Deliveries 2020 - 2024



## % Mwandu District Vs vs Provincial MCH indicators as at end of 2024





THANK YOU FOR YOUR TIME